



No matter with whom you are traveling or how many days you stay with us, there are plenty of Sea Island experiences to keep everyone entertained during your stay.

Couples

If you are with us for three days:

- Schedule a Couples Massage at our Forbes Five-Star Spa
- Book a tee time on one of our three championship golf courses
- Spend time at the Beach Club pools or on our 5 miles of private beach
- Take a tennis lesson with our Tennis Director, Murphy Jensen, French Open Doubles Champion, or one of our other tennis pros
- Rent bikes and explore the lush tropical landscape of Sea Island
- Enjoy a Pre-Dinner Cruise on the *Cloister Belle*
- Dine in our Italian restaurant, Tavola at The Cloister
- Treat yourself to breakfast in bed

If for five days, add on:

- Wake up with our “Ox-ercise” Fitness Class
- Try your hand at our Shooting School
- Saddle up for a Beach Horseback Ride
- Do Yoga or Pilates at our Fitness Center
- Go on a Kayaking fossil hunt
- Request a “rose petal” turn down service
- Try The River Bar or Oak Room for Lunch or Dinner
- Enjoy dinner at The Chef’s Table in the Forbes Five-Star Georgian Room

If for seven days, you may also enjoy:

- Hit the squash courts with our Pro, Steve Hall
- Charter a private fishing expedition
- Schedule a pheasant hunt or falconry lesson at Broadfield, our Sporting Club
- Enjoy steak or fresh seafood at Colt & Alison at The Lodge
- Experience the Bagpiper at The Lodge at Sunset
- Check out Dueling Pianos at The Cloister on Friday nights